**Gray 4x4 Mens’ Basketball League**

The details below outline the guidelines for the Gray Rec Adult Men’s Basketball League. These guidelines are designed to be all inclusive, however situations may arise that are not specifically outlined in this document. In this instance, the call of the official(s) and the league manager will be considered final.

**GAME RULES**

* All games will be played under NCAA rules. Any exceptions to those rules are listed below.

**TIMES**

* Games will start at the time shown on the schedule or five minutes after the prior game if games are running behind.
* Game times are 7:00pm, 8:00pm or 9:00pm on Mondays.
* Teams should be available at least 15 minutes before scheduled time.
* Games will be forfeited 15 minutes after your scheduled starting time if the team is not ready to play.
* Games will consist of two 20-minute halves with a running clock.
* The only time the clock will stop on whistles is during the last 2 minutes of play in the first half and the last two minutes of the game if the score is within 20 points.
* There is no shot clock in this league.
* Each team will receive three one-minute timeouts per game.
* Halftime is a five-minute maximum.
* Overtime will be 2:00 with the clock stopping on all whistles. Any additional overtimes will be 2:00 in length with the clock stopping on all whistles.
* Teams will have one 1-minute timeout in the overtime. Timeouts do not carryover from regulation time or to additional overtimes.
* Overtimes will begin with a jump ball.

**TEAM REQUIREMENTS**

* Team members must wear the same color of shirt with visible numbers.
* Players must be at least 18 AND out of high school.
* All players must be listed on the **team** roster. Substitutes are not permitted.
* All team rosters will be considered final at 7pm on the second night of games
* Teams playing with illegal players will forfeit their game.
* Teams may play with three players. Teams with less than four players may play with 3 or forfeit. 3 is the minimum players a team can start with.
* Teams must start play on time if they have four players available. Players may enter the game late as long as they are on the roster.
* Players must play in a minimum of 1 regular season game to be eligible for the playoffs.

**FOULS**

* **6 Fouls per player.**
* If you are shorthanded and you foul out, your team will become even more shorthanded.
* Games are allowed to finish no matter how many players are left on the floor.
* If four players are on the court and one fouls out, then that team continues play with its three remaining players.
* When a technical foul occurs, a player must sit for 5 minutes of the game.
* Players sitting for a technical foul cannot re-enter the game until the 5 minutes has passed, even if a team is short on

players.

* If the player commits a second technical foul in that game, the player is ejected from

the game and suspended for the next game.

* Players ejected from a game must leave the building and grounds immediately. Failure to do so will result in suspension from the league and a forfeit will be assessed to the team.
* Technical fouls will be reviewed by the league supervisor to determine if a player

should be suspended from the league.

* Any player that receives three technical fouls during the season will be suspended from

the league for the remainder of the season.

* Any players initiating a fight with another player, making unwanted and unwarranted

contact with an official, or threatening a player or official will be suspended from league

indefinitely.

* Any player suspended from the league must apply for re-instatement for future

seasons.

**CONDUCT AND INTERACTION WITH OFFICIALS AND SITE SUPERVISORS**

* The captain (identified at the start of the game) will be the only team

spokesperson on all matters. This privilege is given only for clarification of a call or

situation that occurs.

* At no time shall the captain interrupt play, use unsportsmanlike conduct, use

profanity, or badger the officials. (Any other player abusing this rule shall be given a

warning and/or technical foul at the discretion of the official).

* Teams must show respect to all fellow players, referees, and staff in this league.
* League directors reserve the right to eject any player or team that is disrupting the

league. In such case, there will be no refund of fees.

* Please keep the gym clean, do not damage property, and treat staff, officials, and

players with respect.

Thank you and have fun!